

# MTB TOUR ITINERARY (21st-24th Feb 2012)

## Day 1

start Dunedin  
grade 3  
duration 3hr  
distance 35km  
singletrack/gravel roads

An easy gradient uphill through mature and regenerating native forest. Quick, steep descent through open country with stunning views. Slow uphill through plantation, then follow watterrace to final descent back through native forest.

overnight Middlemarch

## Day 2

Rock and Pillar loop  
grade 3/4  
duration 6hr  
distance 60km  
farm tracks/gravel roads

After a 10km warm-up on the rail trail, climb a good even gradient ski access road that tops out at 1300m. Stunning views amongst iconic Central Otago rock tors on the Dunstan road. A rough ride through tussocks before the final descent down to Middlemarch.

overnight Middlemarch

## Day 3

Naseby forest  
grade 1-3  
duration as long as you want  
pure singletrack

One of the best singletrack networks in Otago. Simple tracks that take advantage of the unique landscape left by goldminers over 100 years ago. Do as much or as little as you want. Hard/easy

overnight Naseby

## Day 4

St Bathans-Omarama  
grade 2  
duration 60km  
farm tracks/ gravel roads

Ride through iconic Central Otago high country landscape.

finish Omarama